

**Slater Primary PE long-term plan  
2024-2025**

NC links KS1	NC links KS2
<p><b>K1.1 master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</b></p> <p><b>K1.2 participate in team games, developing simple tactics for attacking and defending perform dances using simple movement patterns</b></p>	<p><b>K2.1 use running, jumping, throwing and catching in isolation and in combination</b></p> <p><b>K2.2 play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending</b></p> <p><b>K2.3 develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]</b></p> <p><b>K2.4 perform dances using a range of movement patterns</b></p> <p><b>K2.5 take part in outdoor and adventurous activity challenges both individually and within a team</b></p> <p><b>K2.6 compare their performances with previous ones and demonstrate improvement to achieve their personal best</b></p>

Term	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
<b>EYFS</b>	Introduction to PE: Unit 2	Fundamentals Unit 2	Gymnastics: unit 2	Dance: unit 2	Games: unit 2	Ball skills: unit 2
<b>Y1</b>	Fundamentals Balls skills	Gymnastics Sending and receiving	Dance Target games	Invasion Yoga	Athletics Net and wall	Team building Striking and fielding
<b>Y2</b>	Fundamentals Ball skills	Gymnastics Invasion	Dance Target games	Sending and receiving yoga	Athletics Net and wall	Team building Striking and fielding

**KS2**

Term	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
<b>Y3</b>	Fundamentals Balls kills	fitness Gymnastics	Dance Dodgeball	football Netball	Athletics Tennis	Cricket Tag rugby
<b>Y4</b>	Basketball Swimming	Football Swimming	Hockey Swimming	Dance Swimming	Cricket Swimming	Athletics Swimming
<b>Y5</b>	Gymnastics Swimming	Netball Swimming	Dance Swimming	Football Swimming	Cricket Swimming	Athletics Swimming
<b>Y6</b>	Football Swimming	Golf Swimming	Cricket Swimming	Dance Swimming	Tennis Swimming	Athletics Swimming

